

## Minutes

**RDF for Thames Valley, Palliative Care & East of England Resident Doctors**

**Date: Monday 2<sup>nd</sup> March 2026**

**Venue: Via Microsoft Teams**

**Chaired by: Dr Peter Arthur, Guardian of Safe Working – GP, Palliative, Public Health & Sports Science**

In Attendance:	
Dr Peter Arthur	GOSW
Lacey O'Regan	Lead Employer HR Governance Team Leader
Laura Miller	Lead Employer HR Governance Team Leader
Sadia Farooq	BMA rep
Ouseynou Ly	BMA rep
Sasha Rogers	Lead Employer HR
IC	GP ST2

1	Welcome and Introductions	Action	Deadline
	Introductions from those in attendance, minutes will be shared and made available on website.	N/A	N/A
2	Guardian of Safe Working Update		
	<p>Dr PA – 1st Resident Doctor forum since the reform, we are receiving a lot of access and completion emails. Exception reports have increased since the new reform, Clarification from the BMA on what is the minimum time Resident Doctors can exception report.</p> <p>A reminder when raising an exception report is that when providing evidence, we need a work schedule rota not a generic rota and evidence is required to have date and time included when sending in screen shots from google maps.</p> <p>Anything raised over 2 hours will go to Dr PA for approval.</p>	N/A	N/A
3	BMA Update		
	<p>SF – in response to Dr PA query around minimum time to exception report, there is no guidance on the minimum hours that can be exception reported. All exceptions should be reported.</p> <p>OL – Quiet from a BMA perspective, there was a re-ballot with results being resident doctors wanting to carry on with industrial relation around pay and also the jobs, It was a bigger result than in previous mandate. There have been some press reports that the west region are thinking about increasing the pay envelope, but no update or anything come from it yet, other than the renewing of the ballot and the fact both consultant and SAS branches of practise may be thinking about going with there own ballots all concerns are on exception reporting and ensuring reporting, implementation and making sure they are processed.</p>	N/A	N/A
4	Any Other Business		
	IC – Resident Doctor glad the discussions around exception reports are being had.		
5	Next Meeting		
	<b>Monday 8<sup>th</sup> June 2026 @ 1pm.</b>		