

Minutes

RDF for Midlands, Yorkshire & Humber Resident Doctors

Date: Monday 15th June 2026 @ 4pm

Venue: Via Microsoft Teams

Chaired by: Dr Peter Arthur, Guardian of Safe Working – GP, Palliative, Public Health & Sports Science

In Attendance:	
Peter Arthur	Guardian of Safe Working
Lacey O'Regan	Lead Employer HR Governance Team Leader
Sasha Rogers	Lead Employer HR

Apologies:	
Rachael Backhouse	BMA Representative

1	Welcome and Introductions	Action	Deadline
	Introductions from those in attendance, minutes will be shared and made available on website.	N/A	N/A
2	Guardian of Safe Working		
	<p>Dr Arthur: We are continuing to receive a steady stream of exception reports, the majority of which fall within the two-hour threshold. This enables us to process them promptly, provided sufficient supporting evidence is available.</p> <p>Most reports relate to unscheduled late finishes, with registrars requesting payment for the additional time worked. The duration of these reports varies significantly, ranging from 15 minutes to as much as 11 hours.</p> <p>We have received a small number of reports exceeding the two-hour threshold where insufficient evidence has been provided. This can delay the closure of reports, as we require confirmation that the additional hours have been worked alongside the rota. However, the quality of evidence submitted is improving.</p> <p>Overall, the process appears to be functioning well and has become considerably more stable over time.</p>	N/A	N/A
3	BMA Update		
	<p>Dr Arthur: The BMA representative, Rachael Backhouse, is unable to attend today's meeting. However, she regular attends these RDF sessions and is always very helpful and supportive.</p> <p>My understanding is that the BMA has been involved in organising strike action among resident doctors. More recently, the planned industrial action was called off following the appointment of a new Health Minister, who successfully negotiated an agreement with doctors in training</p>	N/A	N/A
4	Any Other Business		
	Nothing to discuss.		
5	Next Meeting Date		
	Monday 14 th September 2026 @ 4pm.		