

Minutes

RDF for East Midlands, West Midlands and Yorkshire & Humber Resident Doctors

Date: Monday 8th December 2025

Venue: Via Microsoft Teams

Chaired by: Dr Peter Arthur, Guardian of Safe Working – GP, Palliative, Public Health & Sports Science

In Attendance:	
Dr Peter Arthur	Guardian of Safe Working
Lacey O'Regan	Lead Employer – HR Governance Team Leader
Victoria Miller	Lead Employer – HR Governance Team Leader
Leanne Corless	Lead Employer HR Governance Administrator
Sasha Rogers	Lead Employer HR
Rachael Backhouse	BMA Industry Relations Officer
DS	GP ST1

Apologies:	

1	Welcome and Introductions	Action	Deadline
	Introductions from those in attendance, minutes will be shared and made available on website.		
2	Guardian of Safe Working Update		
	<p>Dr PA: It's pretty quiet at the moment, we have some strikes coming up and there will be some impending changes to the junior doctor contract when they implement them. Steady trickle of emails regarding rotas i.e. study time, admin time and clinical time.</p> <p>Dr PA: Discussed difficulties with New Resident doctor contracts relating to exception reporting location – issues with Geo location and confirmation of location. Guardian of safe working implications discussed with potential reduction in numbers of GOSW.</p> <p>Dr PA : Discussed Work Schedule (WS) implications, and delivery for resident doctors on a GP training programme. Confirmed the 6 week timeline to receive generic contract, which contains the WS and educational aims.</p> <p>Dr PA : Raised issue between on call rotas and a work place schedule and clarified that resident doctors in General Practice will not receive on call rota's,</p> <p>Dr PA : Noted Work Schedule (WS) process for General Practice placements should reflect best practice with meeting with Clinical supervisor and educational supervisors once Resident Doctors are in post. The meeting should discuss a workplace schedule which reflects the placement/hosts needs. This is to be completed within 4 weeks before it is eligible for exception reporting.</p>		

3	BMA Update		
	RB: Industrial action strikes are coming up on 17 th December 2025 for five days.		
4	Next Meeting		
	Monday 9 th March 2026 @ 4pm.		