

Minutes

RDF for Thames Valley & Palliative Care, East of England Resident Doctors

Date: Monday 1st December 2025

Venue: Via Microsoft Teams

Chaired by: Dr Peter Arthur, Guardian of Safe Working – GP, Palliative, Public Health & Sports Science

In Attendance:	
Dr Peter Arthur	Guardian of Safe Working
Lacey O'Regan	Lead Employer HR Governance Team Leader
Laura Miller	Lead Employer HR Governance Team Leader
Rebecca Jones	Lead Employer HR

Apologies:	
Ousseynou Ly	BMA Rep
Sadia Farooq	BMA Rep

1	Welcome and Introductions	Action	Deadline
	Introductions from those in attendance, minutes will be shared and made available on website.	N/A	N/A
2	Guardian of Safe Working Update	Action	Deadline
	Dr PA: Things have been quiet, and we have received very few exception reports. We have upcoming strikes and there will be some changes implemented to the junior doctor contract. We have received a steady trickle of emails regarding rota issues.	N/A	N/A
3	BMA Update	Action	Deadline
	BMA representative sent their apologies.		
5	Next Meeting	Action	Deadline
	Monday 2nd March 2026 @ 1pm		