

Title of Meeting	HR Commercial Services Council	Date	12 th May 2026
Agenda Item	HRCSC 0526/17b		
Report Title	Lead Employer Report on Safe Working Hours (GP Registrars, Public Health & Trusts with less than 10 Colleagues in training)		
Executive Lead	Malise Szpakowska, Chief People Officer		
Presenting Officer	Nicola Kenyon, Operations Manager (Lead Employer)		
Action Required		To Approve	X To Note
Purpose			
<p>Following the implementation of the Terms & Conditions of service for NHS Doctors and Dentists in training (England) 2016 the Guardian of Safe Working Hours is required to ensure that issues of compliance of safe working hours are addressed by the Doctor, employer and host organisation as appropriate and provide assurance to the board of the employing organisation that Doctors' working hours are safe.</p>			
Executive Summary			
<p>This paper pertains to employees of the Trust under the Terms & Conditions of service for NHS Doctors and Dentists in training. It covers the period from October - December 2025.</p> <p>The data held within the report relates to Lead Employer colleagues in training based within settings such as GP Practice, Public Health, Sports Exercise Medicine, Palliative Medicine and Trusts with less than 10 colleagues in training who are employed under the Terms & Conditions of service for NHS Doctors and Dentists in training (England) 2016.</p>			
Financial Implications			
<p>Potential incurrence of fines and/or penalties owing to unsafe working practices.</p>			
Quality and/or Equality Impact			
<p>Not Applicable.</p>			
Recommendations			
<p>The HR Commercial Services Council is asked to note the contents of this report and that assurance is provided that:</p> <ol style="list-style-type: none"> 1. The Lead Employer is complying with its contractual obligations under the 2016 terms and conditions. 2. That resident doctors and dentists in training are not working excessive hours and are getting appropriate access to educational opportunities. 			
Strategic Objectives			
	SO1 5 Star Patient Care – Care		
X	SO2 5 Star Patient Care – Safety		
	SO3 5 Star Patient Care – Pathways		
	SO4 5 Star Patient Care – Communication		

	SO5 5 Star Patient Care – Systems
X	SO6 Developing Organisation Culture and Supporting our Workforce
	SO7 Operational Performance
	SO8 Financial Performance, Efficiency and Productivity
	SO9 Strategic Plans

GoSW Lead Employer Report – Dr Peter Arthur – October - December 2025

1. Introduction

Under the 2016 Terms and Conditions of Service for NHS Doctors and Dentists in Training (England), the Guardian of Safe Working (GoSW) plays a vital role in ensuring that Resident doctors' working hours are safe and compliant. This report provides an overview of exception reporting activity and related developments for the period **October – December 2025**.

Resident training are encouraged to report exceptions to their agreed work schedules, including:

- Working beyond average weekly hours
- Extended shifts
- Breaches in night/weekend frequency
- Missed rest breaks
- Missed educational opportunities
- Lack of support during service commitments

2. High level Overview

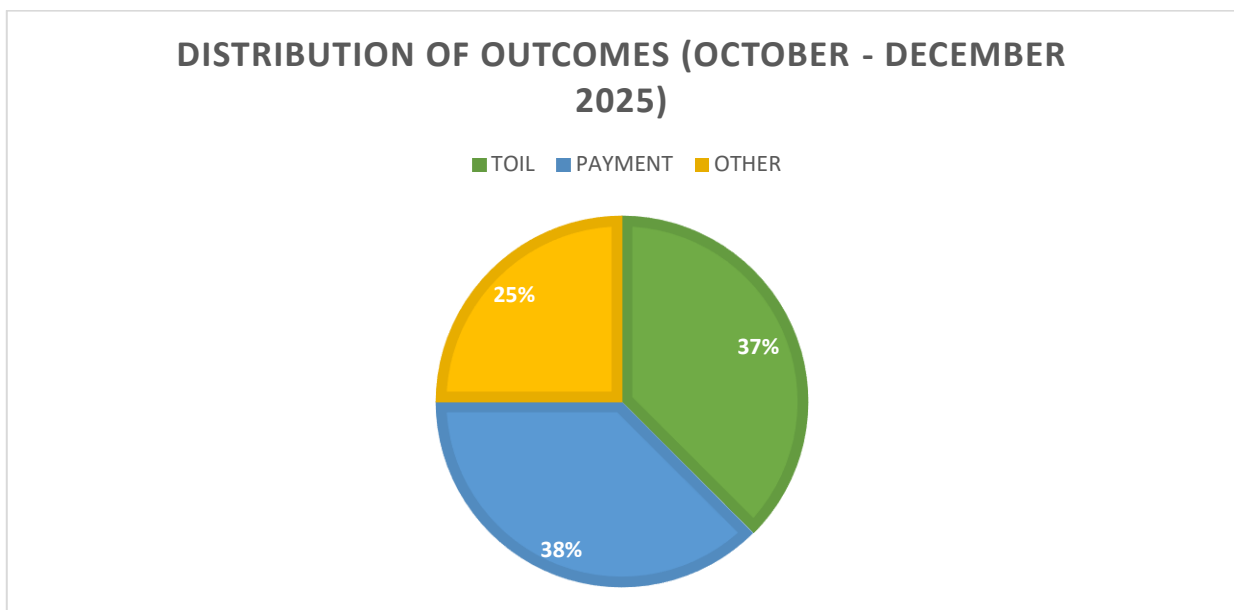
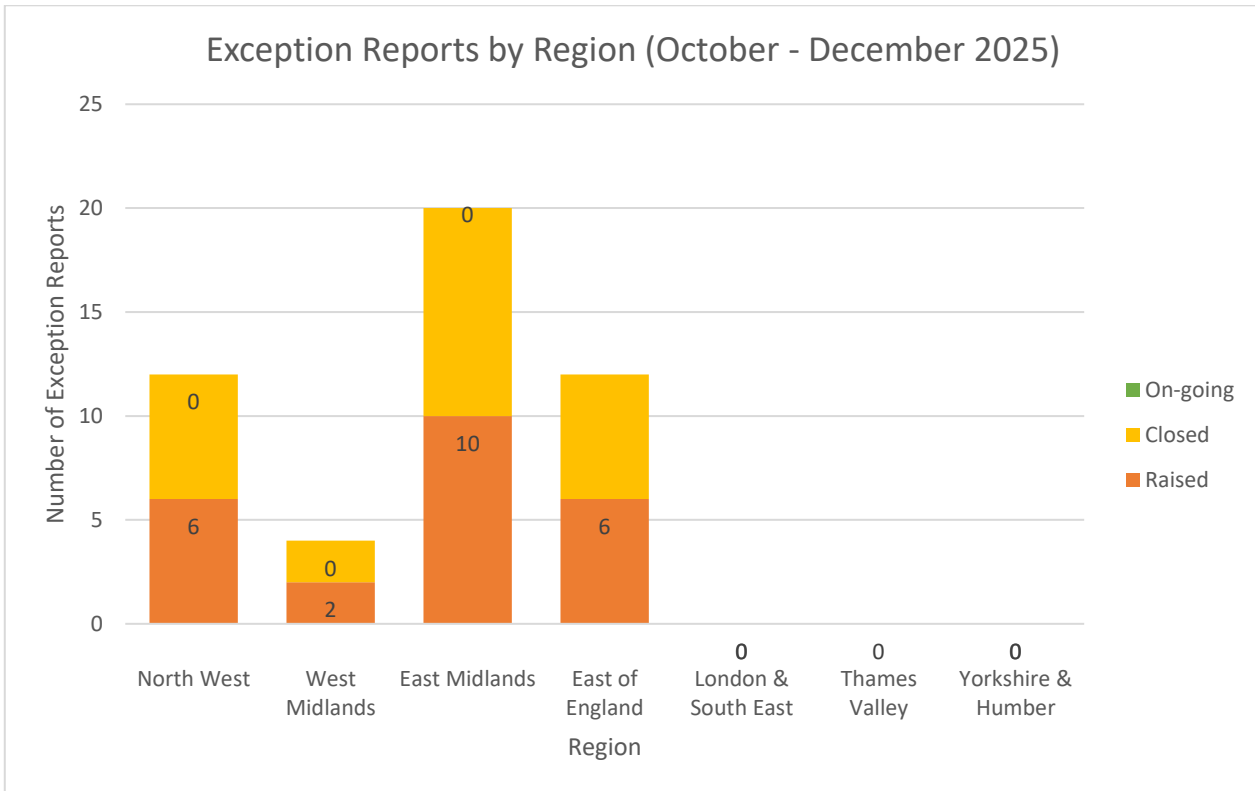
Number of Doctors/Dentist in training on 2016 Terms and Conditions (total)	12,977
Number of Doctors/Dentist based within a placement with less than 10 colleagues in training	7,303
Amount of time available in job plan for guardian role	1.5 PA
Admin support provided to the guardian	1.0 WTE

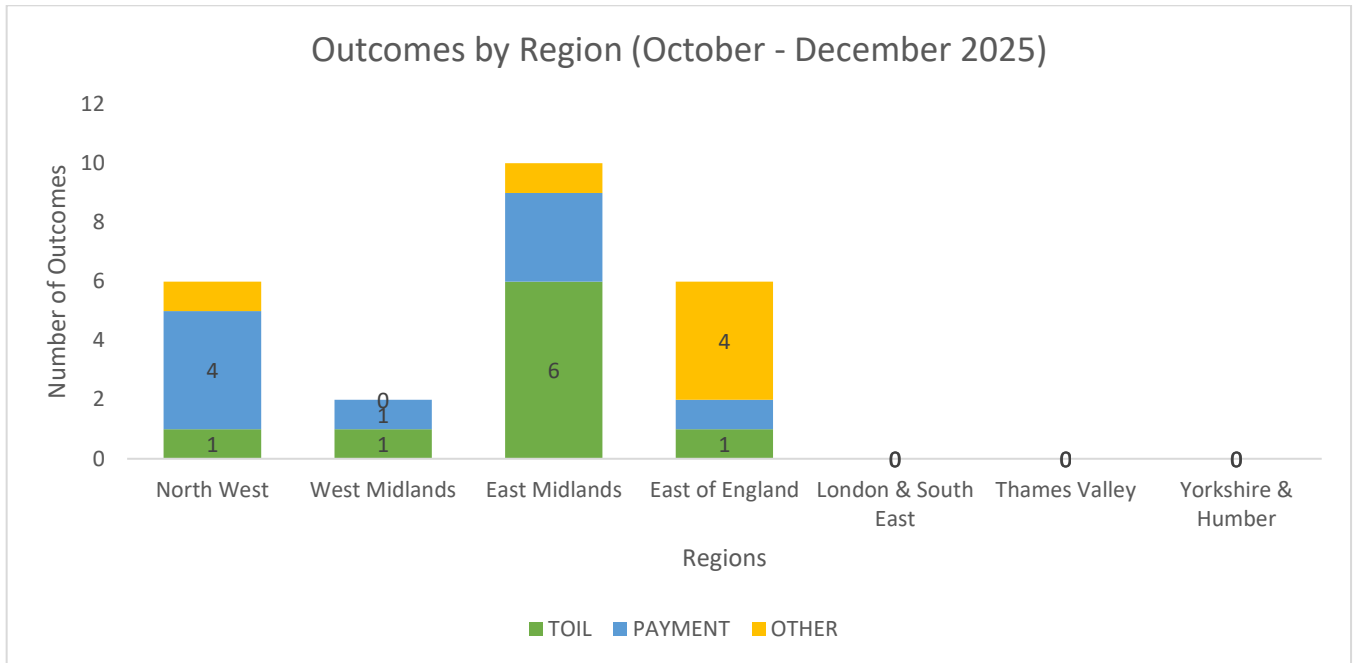
3. Exception Reporting Activity

Exception reports are submitted when a resident Doctors actual work deviates significantly from their agreed schedule. These are currently reviewed by Educational and Clinical Supervisors and may result in:

- Time of in Lieu
- Payment
- No further Action

Changes are currently being developed to this process by NHS Employers following government agreement as part of the 2024 pay deal, details of which can be found in section 7 of this report.





4. Work Schedule Reviews

No work schedule reviews were conducted during this reporting period.

Fines

No fines were issued between October to December 2025.

5. Issues and Actions

Resident Doctor Forums (RDFs) were held in December 2025; attendance was low despite proactive communication efforts. Dr Arthur notes that attendance typically correlates with the presence of person specific concerns- indicating a level of general satisfaction amongst those not attending.

Summary

Under the current process exception reporting remains low and stable most issues are resolved locally and promptly.

Conclusions and Recommendations

The Guardian is confident that working hours across host organisations remain safe and compliant under the current process. It should however be noted that currently the volume of exception reporting is low despite frequent communication efforts to raise awareness of the exception reporting process and RDFs.